



LA County Lesbian & Bisexual Women's Health Collaborative Resource Guide

2014

The selections below offer a sample of web based resources and is not exhaustive of all of the available websites related to various aspects of lesbian and bisexual women's health. For further information about this guide, or the LA County Lesbian and Bisexual Women's Health Collaborative, please see the contact information at the end.

TITLE	PUBLICATION OVERVIEW
WEB RESOURCES	
<p>The Fenway Institute</p> <p>http://thefenwayinstitute.org/</p>	<p><u>Overview:</u> The Fenway Institute conducts LGBT health research and evaluation, education and training, and public health advocacy.</p> <ul style="list-style-type: none"> • The Fenway Institute also provides research through: <ul style="list-style-type: none"> ○ Policy briefs ○ Public comment and testimony ○ Opinion articles ○ Webinars ○ Academic publishing and presentations at conferences
<p>Mautner Project</p> <p>http://www.whitman-walker.org/mautnerproject</p>	<p><u>Overview:</u> Mautner Project improves the health of LBT, women who partner with women (WPW), and their families.</p> <p>The Project:</p> <ul style="list-style-type: none"> • Conducts primary research about LBT women's health • Promotes LBT health activism • Advocates for research on lesbian health and for the inclusion of LGBT in mainstream health initiatives • Educates the public about LBT women's health • Mentors those interested in LBT health
<p>Gay & Lesbian Medical Association</p> <p>http://www.glma.org/</p>	<p><u>Overview:</u> This website provides users with:</p> <ul style="list-style-type: none"> • The latest LGBT news and press releases • A section on how to become a member <p><u>Resources:</u> Resources for patients, providers, and students</p> <ul style="list-style-type: none"> • Continuing education opportunities and recent publications • <i>Advocacy.</i> The Healthcare Equality Index (HEI) and information on marriage equality • <i>Lesbian Health Fund.</i> Information on the Lesbian Health Fund (LHF) •

<p>AMA Policies on LGBT issues</p> <p>www.ama-assn.org/ama/pub/about-ama/our-people/member-groups-sections/glb-advocacy-committee/ama-policy-regarding-sexual-orientation.page?</p>	<p>Overview: This resource lists the policies that the American Medical Association abides by in relation to GLBT issues.</p> <p>The policies fall into one of three categories:</p> <ul style="list-style-type: none"> ○ General policies <ul style="list-style-type: none"> ▪ Supporting human rights and freedom ▪ Nondiscrimination ▪ Civil rights restoration ○ Physician-centered policies <ul style="list-style-type: none"> ▪ Ethical and judicial affairs ▪ Patient-physician relationships ▪ Nondiscrimination ▪ Education of LGBT health issues in medical education ○ Patient-centered policies: <ul style="list-style-type: none"> ▪ Health care needs of homosexual populations ▪ Health care disparities ▪ Legal issues ▪ Socioeconomic barriers for sexual minorities
<p>Parents, Families & Friends of Lesbians & Gays</p> <p>http://community.pflag.org/Page.aspx?pid=194</p>	<p>Overview: PFLAG is a national organization that promotes the health and well-being of LGBT persons, their families and friends through:</p> <ul style="list-style-type: none"> ● Support ● Education ● Advocacy
<p>Healthcare Equality Index 2013: Promoting equitable and inclusive care for lesbian, gay, bisexual and transgender patients and their families</p> <p>http://www.hrc.org/files/assets/resources/HEI_2013_final.pdf</p>	<p>Overview: The HEI helps U.S. healthcare facilities:</p> <ul style="list-style-type: none"> ● Assess the degree to which they provide LGBT patient-centered care ● Identify and remedy any gaps in the care they do provide ● Publicize their commitment to providing care for LGBT patients and families public <p>More information:</p> <ul style="list-style-type: none"> ● Interested facilities can receive an invitation to participate in the HEI by visiting www.hrc.org/hei, or by emailing hei@hrc.org ● Healthcare facilities are assessed based on the HEI’s “Core Four” criteria for LGBT patient-centered care, and facilities that meet the Core Four criteria are awarded a HEI Leader status for that survey year. ● The “Core Four” criteria for assessing a healthcare facility are: <ol style="list-style-type: none"> 1. Patient non-discrimination policies 2. Visitation policies

	<p>3. Employment non-discrimination policies</p> <p>4. Training in LGBT patient-centered care</p>
<p>The National Coalition for LGBT Health</p> <p>http://lgbthealth.webolutionary.com/home</p>	<p><u>Overview:</u> The National Coalition is committed to improving the health and well-being of LGBT individuals and communities through public education, coalition building, and advocacy.</p> <ul style="list-style-type: none"> • Focus on: research, policy, education and training
<p>The Williams Institute</p> <p>http://williamsinstitute.law.ucla.edu/</p>	<p><u>Overview:</u> Advances sexual orientation law and public policy through research and disseminates it to the public by providing reports and education and training programs.</p>
<p>The Trevor Project</p> <p>The Trevor Project Website: http://www.thetrevorproject.org</p>	<p><u>Overview:</u> The Trevor Project is focused on crisis and suicide prevention efforts among LGBTQ youth</p> <p><u>Website:</u> The website provides the following:</p> <ul style="list-style-type: none"> • <i>Where to get help and support.</i> Provides services such as: <ul style="list-style-type: none"> ○ Crisis intervention and suicide prevention phone line ○ Confidential instant messaging ○ Text messaging and online community support ○ Access to trained volunteers to answer questions • Resources include <ul style="list-style-type: none"> ○ Local resources ○ Health care resources for LGBTQ youth. ○ Model school policy and education & training for adults and youth
<p>National Center for Lesbian Rights</p> <p>http://www.nclrights.org/</p>	<p><u>Overview:</u> The NCLR is committed to advancing the civil and human rights of LGBT people and their families through litigation, public policy advocacy, and public education.</p> <ul style="list-style-type: none"> • The NCLR's is focused on eradicating barriers faced by LGBT people in accessing health care and protecting themselves and their family members. <p><u>Website:</u> provides users with information about:</p> <ul style="list-style-type: none"> • Advocacy Issues • Views & analysis • Cases & policy • Legal help and resources
<p>The LGBT Aging Issues Network: LAIN</p> <p>American Society on Aging Website: http://www.asaging.org/lain/</p>	<p><u>Overview:</u> LAIN works to raise awareness about the concerns of LGBT elders and about the unique barriers they encounter in gaining access to housing, healthcare, and long-term care.</p> <p><u>More information:</u> LAIN contributes to programs, education events and activities through:</p>

	<ul style="list-style-type: none"> • Annual program at the Aging in America conference • Regular contributions to Aging Today Online • Web seminars
<p>Top Health Issues for LGBT Populations, Information & Resource Kit U.S. Department of Health and Human Services, 2012</p> <p>http://store.samhsa.gov/shin/content/SMA12-4684/SMA12-4684.pdf</p>	<p><u>Overview:</u> Provides Powerpoint slides and web-based resources and discusses the most important health issues facing the LGBT community including:</p> <ul style="list-style-type: none"> • Physical Health <ul style="list-style-type: none"> ○ Heart Disease ○ Cancers ○ Fitness ○ Obesity ○ Injury/Violence ○ Testing Behaviors • Behavioral Health <ul style="list-style-type: none"> ○ Mental Health ○ Suicide ○ Substance Abuse • Sexual Health <ul style="list-style-type: none"> ○ HIV/AIDS ○ Other Infections
<p>Services and Advocacy for Gay, Lesbian, Bisexual & Transgender Elders: SAGE</p> <p>SAGE Website: http://www.sageusa.org/</p>	<p><u>Overview:</u> SAGE is a leading force in the LGBT aging field and provides the most expansive service programs for older LGBT people.</p> <p><u>Website:</u> provides information about:</p> <ul style="list-style-type: none"> • National programs and New York City Programs • Advocacy • Data sources
<p>National Youth Advocacy Coalition</p> <p>National Youth Advocacy Coalition Website: http://www.nyacyouth.org/</p>	<p><u>Overview:</u> NYAC is a social justice organization that advocates for young people who are LGBTQ in an effort to end discrimination, and to ensure their overall well-being.</p> <p><u>Website:</u> provides information on the following categories:</p> <ul style="list-style-type: none"> • Education • Finances • Gay teens • Health • Travel
<p>Gender and Sexuality</p> <p>American Medical Student Association: http://www.amsa.org/AMSA/Homepage/About/Committees/GenderandSexuality.aspx</p>	<p><u>Overview:</u> This website provides medical students with:</p> <ul style="list-style-type: none"> • AMSA’s policies on gender and sexuality • How to become politically involved in LGBT policies • Ways of improving LGBT curriculum • Sexual health scholars programs • Network for future LGBT physicians • Information on upcoming conferences and events • LGBT documentaries and resource guides

	<ul style="list-style-type: none"> • Directory to LGBT inclusive medical schools and residency programs; links to partner organizations
<p>Straight for Equality in Healthcare</p> <p>Straight for Equality Web Site: http://www.straightforequality.org/Healthcare.</p>	<p><u>Overview:</u> This site is for healthcare providers to learn more about:</p> <ul style="list-style-type: none"> • Being an ally in LGBT healthcare • LGBT specific healthcare concerns/needs • Actions they can take to support LGBT people at their practice <p><u>Materials:</u> Free materials are available such as:</p> <ul style="list-style-type: none"> • Guides • Sample intake forms • Sample nondiscrimination policies <p><u>Training Programs:</u> Training programs are aimed at helping health professionals create welcoming environments for LGBT patients and demonstrate inclusiveness</p> <p><u>Personal Stories:</u> The experiences of healthcare providers with LGBT patients are provided to serve as learning moments</p> <p><u>Come out as a Straight Ally:</u> Guides healthcare professionals on how they can become a part of the Healthcare Provider Directory</p> <p><u>Additional Resources:</u> Additional links are provided to aid healthcare providers in learning more about providing culturally competent care to LGBT patients</p>
<p>Bisexual Resource Center</p> <p>Bisexual Resource Center Website: http://biresource.net/</p>	<p><u>Overview:</u> The BRC is committed to providing support to the bisexual community and raising public awareness about bisexuality and bisexual people</p>
<p>BiNet USA</p> <p>BiNet USA Website: http://www.binetusa.org/</p>	<p><u>Overview:</u> BiNet USA promotes the visibility of bisexual, pansexual, and bi-inclusive communities.</p> <ul style="list-style-type: none"> • It collects and distributes educational information regarding sexual orientation and gender identity, with an emphasis on bisexual communities <p><u>Website:</u> This website provides:</p> <ul style="list-style-type: none"> • Information about bisexuality (being bi, bi etiquette, first person histories) • Current surveys • Information on events • Other links (academic & research, LGBT partners, reading, social networking)
<p>National Black Justice Coalition</p> <p>National Black Justice Coalition Website: http://nbjc.org/</p>	<p><u>Overview:</u> NBJC is dedicated to empowering Black LGBT people. It is the only nationwide Black gay civil rights organization, and is a source for publications on the LGBT issues that affect Black communities</p> <p><u>Website:</u> Provides information, media releases, multimedia resources, reports, and publications on the</p>

	<p>issues NBJC works on, which include:</p> <ul style="list-style-type: none"> • Employment Non-Discrimination Act • Safe and inclusive schools • Marriage equality • Transgender equality • Historically black colleges and universities • “Don’t Ask, Don’t Tell” • HIV/AIDS
<p>HRC Report: Growing Up LGBT in America</p> <p>Human Rights Campaign Foundation Web Site: http://www.hrc.org/youth</p>	<p><u>Overview:</u> This report covers data from a survey of over 10,000 LGBT youth ages 13 to 17. It addresses key factors affecting LGBT youth including:</p> <ul style="list-style-type: none"> • Social and family acceptance • Access to LGBT support and services • Negative experiences including cyber-bullying and verbal harassment • Connection to a welcoming religious or spiritual community • Levels of optimism about the future
<p>Zuna Institute</p> <p>Zuna Institute Web Site: http://www.zunainstitute.org/</p>	<p><u>Overview:</u> address the needs of black lesbians in:</p> <ul style="list-style-type: none"> • Health • Public policy • Economic development • Education
<p>Gay-Lesbian Issues, Bibliography of Selected Library Resources</p> <p>NYMC Health Sciences Library Web Site: http://library.nymc.edu/informatics/Gay_lesbian_health/GLHlibib.cfm</p>	<p><u>Overview:</u> This site’s intention is to aggregate the available LGBT resources from the Health Sciences Library of New York Medical College (NYMC) including:</p> <ul style="list-style-type: none"> • Books • Journal article • Internet resources • Media sources
<p>ONE: National Gay & Lesbian Archives</p> <p>One Archives Web Site: http://www.onearchives.org/</p>	<p><u>Overview:</u> Dedicated to collecting, preserving, documenting, studying, and communicating LGBT research and information.</p> <p><u>Website:</u> provides information at ONE Archives at the libraries at the University of Southern California, and exhibitions presented, programs, and publications</p>
<p>LGBT Issues Committee of the Group for the Advancement of Psychiatry: GAP</p> <p>Association of Gay and Lesbian Psychiatrists Web Site: http://www.aglp.org/gap/</p>	<p><u>Overview:</u> Presents an introductory mini-course in LGBT health and mental health for trainees and practitioners in any field. Its series of modules provides a basic learning guide for working with LGBT clients. All modules include:</p> <ul style="list-style-type: none"> • Learning goals • Pre-test to assess existing participant knowledge • Post-test to assure participant achievement of learning goals • Relevant links, resource lists, and references

<p>Who’s Leading the Leading Health Indicators? – Reproductive and Sexual Health</p> <p>Healthy People 2020 Web Site: http://www.healthypeople.gov/2020/connect/webinarsArchive.aspx#m.</p>	<p><u>Overview:</u></p> <ul style="list-style-type: none"> • Provides an overview of the Leading Health Indicator topic • Provides the most recent data and trends • Showcases states, communities, and organizations that are addressing in innovative ways
<p>National Gay and Lesbian Task Force 2012</p> <p>The Task Force Web Site: http://www.thetaskforce.org/</p>	<p><u>Overview:</u> The NGLTF trains activists, organizes campaigns to defeat anti-LGBT referenda, advances pro-LGBT legislation, and builds the organizational capacity of the movement.</p> <p><u>Website:</u> Provides information about: public policy and government affairs, issues facing the LGBT community, such as hate crimes, partner recognition, HIV.</p>
<p>Quality Healthcare for Lesbian, Gay, Bisexual & Transgender People: A Cultural Competence Webinar Series</p> <p>Hopkins Center for Health Disparities Solutions 2012</p> <p>Webinar Recordings: https://www.youtube.com/watch?v=8mQOGtVUoaM https://www.youtube.com/watch?v=e8KJ8uKVQj0 https://www.youtube.com/watch?v=RM8MTuMTeSk</p>	<p><u>Overview:</u> This multi-part webinar series includes segments on:</p> <ul style="list-style-type: none"> • Understanding the Health Needs of LGBT People: An Introduction <ul style="list-style-type: none"> ○ Terminology and concepts associated with LGBT populations ○ Ways in which marginalization and discrimination impact the health of LGBT people ○ Health disparities LGBT people experience • Creating a Welcoming and Safe Environment for LGBT People and Families <ul style="list-style-type: none"> ○ Barriers faced by LGBT people in accessing healthcare and why these barriers exist. ○ Concrete tools to provide sensitive, affirming, informed and empowering healthcare • Clinical Skills for the Care of Transgender Individuals <ul style="list-style-type: none"> ○ Top health issues that transgender individuals and providers should discuss ○ Types of transgender hormonal and other medical management, modes of administration and follow-up monitoring ○ Ways to improve transgender individuals’ communication with healthcare providers ○ Social and emotional issues adversely affecting transgender individuals’ health and well-being
<p>Cancer in the LGBT Community: Special Issues and Concerns School of Public Health, University</p>	<p><u>Overview:</u> offers webinars that discusses LGBT risk factors, behaviors, and barriers to care and trainings on:</p> <ul style="list-style-type: none"> • Barriers to health care faced by those in the LGBT

<p>at Albany, 2011</p> <p>http://www.albany.edu/sph/cphce/ph1_1111.pdf</p>	<p>community</p> <ul style="list-style-type: none"> • Risks for cancer among specific LGBT populations • Appropriate cancer screenings and preventive care for LGBT individuals • Culturally-sensitive strategies which have helped to reduce barriers to cancer care among this population
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